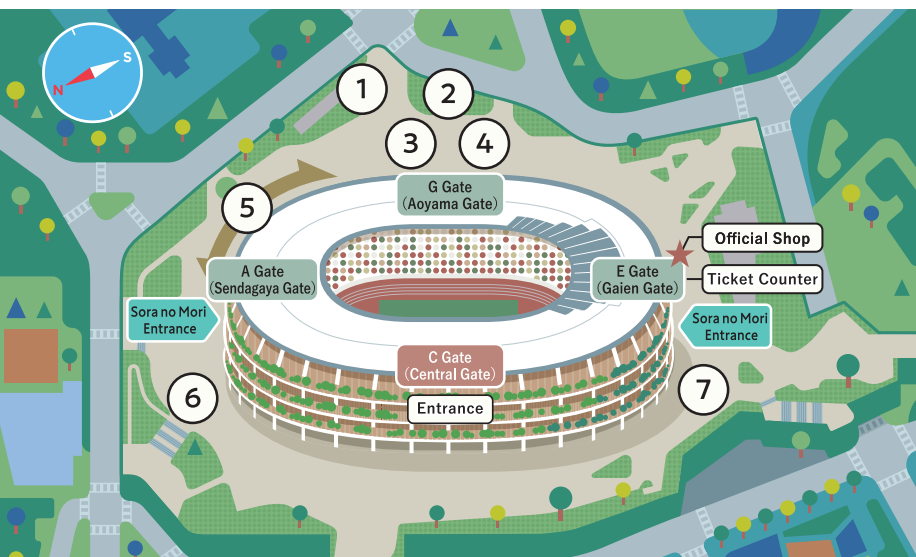


Japan National Stadium Exterior Highlights



1

Cauldron-2020 Tokyo Olympics and Paralympic



The Olympic cauldron was built to be a legacy of the Tokyo 2020 Olympic and Paralympic Games. It is a unique design that unites the power of Japanese manufacturing and is finished with artisanal craftsmanship. For the first time in Olympic history, hydrogen was used for the Olympic flame.

2

Olympic Cauldron 1964 Tokyo Olympics



This cauldron was placed at the back stand for the Tokyo Summer Olympics in 1964. It continues to look up at the Tokyo sky majestically.

3

Greek Goddess



A mural set up to pray for the success of the 1964 Tokyo Olympic Games. It is paired with the statue of Nomi no Sukune, and the work is entitled "Glory."

4

Nomi no Sukune



This mural was set up to pray for the success of the 1964 Tokyo Olympics and has been a symbol of the Japan National Stadium for many years. The work is entitled "Victory."

5

Tokyo 2020 Tribute to Champions

A plaque honoring the medalists in commemoration of the Tokyo 2020 Games. Along with the Games pictograms, the names of the medalists of all events are engraved. A spectacular legacy that stretches around the outer perimeter wall.

6

7

Japan National Stadium Monuments

These monuments located at the north and south of the stadium have become a new symbol of the stadium.



Sora no Mori

A rooftop space with a circumference of about 850 meters, located on the fifth floor of the Japan National Stadium. Everyone can enjoy the view from here. Visit our website for availability and times.

★ Official Shop

Official and limited-edition goods are available in the Japan National Stadium Official Shop. Don't forget to stop by.

Please scan this QR code* to check the opening hours.



Japan National Stadium Tour

Location

Japan National Stadium

10-1 Kasumigaoka-machi, Shinjuku-ku, Tokyo 160-0013

Opening times

10:00 a.m. to 5:00 p.m.
* Please check our website for the opening schedule.

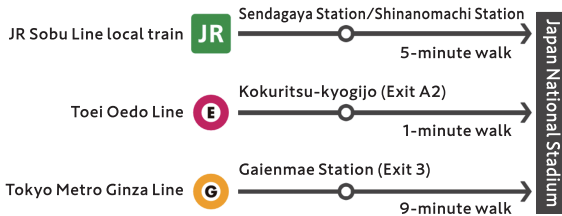
Price

〈 Adults 〉 1,800 yen
〈 High school students or younger 〉 1,000 yen
* Does not include fees such as convenience store payment fees

Tickets

〈 Available at 〉 Gaien Gate ticket counter (E Gate side)
〈 Reservation 〉 <https://kokuritu-tours.jp/>

Access

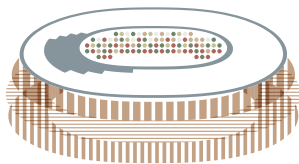


〈 Note to customers joining the tour 〉

Depending on conditions at the venue, some areas may be closed to the public.

Experience
the Japan National Stadium.

JAPAN NATIONAL STADIUM
STADIUM
TOUR



Stadium Tour Experience Topics 6

Athletes Experience

Flash Interview Zone



In this interview zone, located next to the field, you can experience an interview just like the athletes and then go out onto the field with the same feeling as the athletes.

Athletes Experience

Track and Field



Enjoy taking commemorative photos of being an athlete on the pitch of the coveted Japan National Stadium.

Athletes Experience

Player locker room



Feel the passion of intense competition behind the scenes in the locker room that only team officials can enter.

Stadium Experience

Observation Deck



Take a commemorative photo of the stadium's 68,000 seats. You can take great photos at this dazzling spot that offers views across the Japan National Stadium.

Tokyo 2020 Legacy

Tokyo 2020 Games Torch Relay Torch



An excellent photo spot where you can see the Torch Relay Torch of the Tokyo 2020 Games up close.

Tokyo 2020 Legacy

Sign Wall



A wall featuring autographs of the athletes who participated in the Tokyo 2020 Games. There are about 300 autographs of athletes from around the world.

VIP lounge, indoor practice room, press conference room, warm-up area, etc.

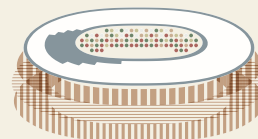
Future expansion is planned, which includes offering limited tours and preparing routes that pass through areas currently inaccessible to the general public. For the latest information, please visit the ticket purchase website.

〈 Note to customers joining the tour 〉

Depending on conditions at the venue, some areas may be closed to the public.

JAPAN NATIONAL STADIUM

STADIUM
TOUR



Exhibition Panel Audio Guide

Scan the QR codes* on the panels located along the route to enjoy special audio content.

* Requires a smartphone or tablet

* You will need to use the data from your own device's data plan to play the audio.

* QR code is a registered trademark of DENSO WAVE INCORPORATED.